



## NOUFAL S

OPTOMETRIST

### OBJECTIVE

Dedicated and experienced Optometrist with a robust background in comprehensive eye care, vision assessment, and patient management. Seeking opportunities for advanced studies and professional growth in a dynamic and challenging environment.

### CONTACT

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### ACTIVITIES AND INTERESTS

Theater • Modelling • Art • Hiking  
• Kick Boxing • Travel

## EXPERIENCE

### OPTOMETRIST MARCH 28, 2022 – PRESENT

Shraddha Eye Care Trust, Vasanthnagar (A Charitable Initiative of Nethradhama Hospital Pvt. Ltd.)

- Conducted comprehensive eye exams and vision tests.
- Diagnosed and treated vision problems and eye diseases.
- Prescribed eyeglasses and contact lenses.
- Provided pre- and post-operative care for patients undergoing eye surgery.
- Managed and coordinated community eye care programs.
- Conducted vision screening camps in rural areas, offering eye care services to underserved populations.

### INTERNSHIP

1. Vittala International Institute of Ophthalmology, Bangalore, Karnataka (November 15, 2021 – February 25, 2022)
  - Conducted various eye diagnostic tests.
  - Assisted senior optometrists in daily tasks.
  - Gained hands-on experience with various ophthalmic instruments
2. RL Jalappa Hospital and Research Centre, Tamaka, Kolar, Karnataka (August 5, 2021 – March 1, 2022)
  - Assisted in eye exams and diagnostic procedures under supervision.
  - Educated patients on eye care and preventative measures.
  - Provided patient education on eye health.
  - Participated in patient assessments and provided support in optometric practices.

## EDUCATION

### BACHELOR OF OPTOMETRY

Sri Devaraj Urs Academy of Higher Education and Research, Tamaka, Kolar, Karnataka (2017 – 2022 first class 59.5%)

### RESEARCH

- Comparison of central corneal thickness measurements between optical coherence tomography and ultrasound pachymetry-Sridevaraj URS medical college

- Conducted a comparative study of central corneal thickness measurements using Optical Coherence Tomography (OCT) and ultrasound pachymetry.
- Comparison of axial length, anterior chamber depth, iol power by different biometry in cataractous eyes in eye care trust hospital- Shraddha Eye Care Trust
  - Researched biometry methods for cataractous eyes, focusing on axial length, anterior chamber depth, and intraocular lens power. This research is helpful in achieving better healthcare in camp patients

## KEY SKILLS

**Skills-** •Refraction • Contact Lens Fitting • Binocular Vision Assessment •Biometry Procedures • Pre-LASIK Assessment • Low Vision Rehabilitation •Pediatric Optometry • Geriatric Eye Care •Vision Therapy •Management of Ocular Diseases.

**Instrument Exposure** •Optical Coherence Tomography (OCT)  
 •Slit Lamp •A-Scan Biometry •IOL Master •Pachymeter  
 •Retinoscope •Topography •Orthoptics Instruments  
 •Humphrey Field Analyzer (HFA) •Applanation and Non-Contact Tonometer •Automated and Manual Keratometer  
 •Computerized Auto Refractometer •Automated and Manual Lensometer

## DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge.