



Certificate Of Completion

This is to certify that

JONATHAN UDOCHUKWU IHEKUNA

*has satisfactorily completed his/her 18 weeks (972 hours) of internship programme
from October to February 2024 as a*

CAREGIVER , SENIOR CARER & NURSING ASSISTANT

CAREGIVER AND HOME CARE AIDE INTERNSHIP; WORKED FOR 432 HOURS

- Assisting with activities of Daily Living(ADLs).
- Practical application of the 15 standards of care
- Caring for the elderly, persons with special needs, children and individuals with disabilities .
- Care of the environment
- CPR, First aid and Basic Life Support
- Essentials of lone working.
- Companionship activities.

SENIOR CARER AND PERSONAL SUPPORT WORKER INTERNSHIP; WORKED FOR 324 HOURS

- End of life care.
- Personal care training
- Continence management and catheter care
- Meal planning and diet monitoring
- Risk assessment and care planning
- Supervision and appraisal of subordinate carers
- Documentation and reporting

NURSING ASSISTANT AND HOME HEALTHCARE ASSISTANT INTERNSHIP; WORKED FOR 216 HOURS

- Understanding the scope of practice of a nursing assistant.
- Manual handling and people moving; body mechanics
- Vital signs assessment
- Medication awareness
- Mobility and immobility issues; pressure ulcer prevention
- Assisting the registered nurse during nursing procedures
- Understanding medical terminologies
- Maintaining medical records
- Understanding and interpreting the care plan
- Health and safety applications in the healthcare setting; COVID 19 training.
- Hand washing skill, Hygiene and infection control, Donning and doffing of PPEs

FACILITY OF INTERNSHIP: PARADIGM GERIATRIC CARE SERVICES , RIVERS STATE , NIGERIA.

OBIRIJIE GLORY
CARE MANAGER/CHIEF NURSING OFFICER

For verification please contact: info@pgcs.com.ng