

STATEMENT OF PURPOSE

I am Alen Payattumparampil Sunil, from the beautiful state of Kerala, India. My academic journey began with the successful completion of my 10th grade at Bishop Speechly Vidyapeeth, Pallom, in the year 2020. Subsequently, in 2022, I concluded my Higher Secondary education at M. T. Seminary Higher Secondary School, Kottayam. Eager to enhance my global academic prospects, I dedicated time to IELTS training at Medcity International Academy, Kottayam, diligently preparing until I achieved an impressive overall score of 6.5 in February 2023. Now, fueled by a passion for healthcare and a commitment to advancing my education, I am enthusiastic about embarking on the next chapter of my academic pursuit. I have set my sights on pursuing a Bachelor's Degree in Physiotherapy at the Lithuanian Sports University (LSU). This decision is driven by my desire to delve into the field of physiotherapy, and I am eager to contribute to the healthcare landscape through the knowledge and skills I will gain during my studies at this esteemed institution.

I chose to pursue a Bachelor's Degree in Physiotherapy due to its promising scope in India's healthcare sector. With an aging population and increasing awareness about the importance of physical well-being, there's a growing demand for qualified physiotherapists across the country. For instance, sports medicine is gaining traction as more people engage in fitness activities, leading to a rise in sports-related injuries that require specialized care. Additionally, the emphasis on preventive healthcare and rehabilitation further amplifies the need for skilled professionals in fields like pathology and sports and exercise physiology. Moreover, I am particularly drawn to topics such as critical thinking and academic communication, which are essential for evidence-based practice and effective patient interaction. By mastering these subjects, along with practical skills in sports medicine and first aid, I aim to become a competent physiotherapist capable of making a meaningful difference in the lives of individuals seeking rehabilitation and improved physical health in India.

I chose Lithuanian Sports University (LSU) for its outstanding reputation and contributions to sports science. Despite being ranked 8th in Lithuania and 4185th globally by EduRank in 2024, LSU holds an esteemed position as the 6th-ranked sports university worldwide according to the Ranking Web of Universities. This recognition underscores its commitment to academic excellence and research in sports science. Moreover, LSU's focus on sustainable development aligns with my own values, as it actively promotes environmental and social responsibility through its educational programs and research

endeavors. Additionally, LSU's rich tradition and status as a leading center for sports science in the Baltic Sea region further solidify its appeal. By studying at LSU, I am confident that I will receive a world-class education and contribute to the advancement of sports science on both a national and international level.

I have chosen Lithuania as my preferred destination for various reasons. The country's rich cultural heritage, stunning landscapes, and vibrant cities have always captivated me. Moreover, Lithuania's progressive approach to education, particularly in offering diverse and high-quality programs in English, influenced my decision. The affordability of tuition and living costs compared to other European countries adds to its appeal. Additionally, Lithuania's strategic location within Europe provides easy access to other European nations, fostering a multicultural experience. The country's commitment to innovation and a thriving academic environment, along with its warm and welcoming community, align with my aspirations for a well-rounded and enriching educational journey. Overall, Lithuania stands out as a destination that not only offers academic excellence but also promises a culturally immersive and economically feasible experience.

After completing the Bachelor's Degree in Physiotherapy program, my future plan is to return to India and secure a position in a renowned healthcare institution, contributing my skills to enhance the well-being of individuals. I aspire to take on a pivotal role in rehabilitative therapy, potentially joining a reputed firm specializing in physiotherapy services. With a focus on patient care, my goal is to apply my expertise in areas such as post surgical rehabilitation or chronic pain management, making a positive impact on the health and lives of individuals in my community. This aligns with my passion for physiotherapy and the pursuit of holistic healthcare solutions.

Warm Regards,

Alen Payattumparampil Sunil