

STATEMENT OF PURPOSE

From a young age, my fascination with the human mind and behavior has been a driving force in my educational and professional journey. Growing up in the serene and culturally rich district of Idukki, I developed a deep curiosity about the psychological factors that shape individual and societal dynamics. This curiosity has evolved into a passion for psychology, motivating me to pursue higher education in this field. My goal is to acquire a comprehensive understanding of psychological principles and practices, and subsequently contribute to mental health and well-being in my home country, India.

I have demonstrated academic excellence throughout my schooling. I completed my senior secondary education at St Thomas EMHSS, Kumily in 2021, achieving an impressive 99%. This accomplishment reflects my dedication and strong work ethic. In 2023, I completed my higher secondary education at Govt. Higher Secondary School Kumily with a percentage of 70%. Despite facing challenging personal circumstances during this period, I persevered and successfully completed my studies. These experiences have strengthened my resilience and determination to succeed in my academic and professional pursuits.

Following my higher secondary education, I gained valuable practical experience working as a sales assistant at Highrange Drug House from June 2023 to June 2024. This role not only honed my communication and interpersonal skills but also provided insights into the psychological aspects of consumer behavior and the importance of empathy in customer service. These skills are crucial for a career in psychology, where understanding and addressing individual needs is paramount.

My decision to apply for a BA in Psychology at the University of Pecs, Hungary, is driven by the institution's outstanding reputation for academic excellence and its innovative approach to

psychology education. The diverse and inclusive environment at the University of Pecs will provide me with a global perspective on psychological practices and research. I am particularly interested in the university's emphasis on empirical research and its commitment to fostering critical thinking and analytical skills in students. I believe that the knowledge and skills I will acquire during my studies at the University of Pecs will equip me to address the mental health challenges faced by individuals in my home country.

Upon completing my education, I am committed to returning to India to contribute to the field of psychology. India faces a growing need for mental health professionals who can provide culturally sensitive and evidence-based interventions. I aspire to work as a psychologist, focusing on community mental health and counseling services. By leveraging the expertise gained from my education in Hungary, I aim to develop programs that promote mental well-being, reduce stigma associated with mental health issues, and enhance the quality of life for individuals in my community.

In conclusion, my academic achievements, practical experience, and unwavering passion for psychology have prepared me for the rigorous and enriching education offered by the University of Pecs. I am confident that the BA in Psychology program will provide me with the foundation necessary to achieve my career goals and make a meaningful impact in the field of mental health in India. I am eager to embark on this educational journey and contribute to the university's vibrant academic community.

Sincerely,

A handwritten signature in black ink, appearing to read 'Aksa Sajeev', written in a cursive style with a horizontal line underneath.

Aksa Sajeev

