



Syeda Khadija

📍 **Home** : Al Zain Tower, Al Nahda, Sharjah, United Arab Emirates

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Date of birth: 12/01/2001 **Nationality**: Pakistani

ABOUT ME

A dedicated, compassionate and hardworking psychology graduate looking forward to practice, gain knowledge and get more experience.

WORK EXPERIENCE

[05/09/2022 – 01/03/2023]

Junior Psychologist

Jinnah Hospital

City: Lahore

Country: Pakistan

- Psychiatric Evaluation of Individuals
- Planning and applying Treatment plans
- Individual, Couple and Family therapies
- Crisis Intervention
- Psycho-education
- Drug Addiction management
- Trauma-focused therapy

[25/09/2021 – 01/06/2022]

School Counselor Assistant

Seytek STEM School

City: Bishkek

Country: Kyrgyzstan

- In charge of school-wide activities
- Assisted school counsellor
- Research on different Approaches and implementation plans
- Applying Restorative practices
- Implementation of SEL (Socio-emotional Learning)
- Implementation and Collaboration with Character Education team
- Organization of seminars and workshops

[03/07/2021 – 22/09/2021]

Clinical Psychologist (Under Supervision)

Al-Shad Medical Center

City: Narowal

Country: Pakistan

- Psychological Assessment and Interventions; history taking, assessment and management
- Counsel Individuals; group educational and vocational guidance services
- Assist individuals overcome social emotional problems
- Research as follow up activities to evaluate counselling techniques

[01/11/2019 – 01/03/2020]

Teacher Assistant

Ala-Too International University

City: Bishkek

Country: Kyrgyzstan

- Preparing lesson plans, exam question papers
- Enhance learning process by assisting students

- Preparing educational materials for class activities; presentations, activities and quizzes
- Assisting Professor during lessons

EDUCATION

[2023] **AS Level**

(English, Biology, Psychology)

Lahore, Pakistan

[2018 – 2022]

Bachelors in Pedagogy (Psychological - Pedagogical Counseling and Guidance

Ala-Too International University, Bishkek, Kyrgyzstan

GPA: 3.7 / 4.0

Thesis: A Correlational Study: Post-Traumatic Growth in Neurocognitive Development and Neuropsychiatric Disorders

[2018] **7 GCSEs**

Arab Unity School, Dubai, United Arab Emirates

PUBLICATIONS

[2023]

Stigmatization: Devaluation and Discrimination of People suffering from Mental Illnesses in different Cultures

CONFERENCES AND SEMINARS

[30/11/2021] **Creating Regenerative Psychology Practices** Online Seminar

[24/11/2021] **International Symposium on Social Work Practitioner;** Online; Organized by Durham University, England

[29/11/2021] **Mental Health: Coping Strategies for Dealing with COVID-19** Ala-Too International University, Bishkek, Kyrgyzstan

SKILLS

Hard Skills

Counseling
Diagnosis
Psychotherapy
Observational Skills
Research

Soft Skills

Empathy
Communication
Problem-solving
Critical Thinking
Time Management

HOBBIES AND INTERESTS

Reading Literature

Photography

Journaling

Sports

Traveling

Painting

REFERENCES

Hena Fatma, Assistant Professor

Department of Psychology

Ala-Too International University

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Ainuru Zholchieva, Associate Professor

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Nadia Ijaz, Clinical Psychologist

Department of Psychiatry

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Alina Bazarbekova, School Counselor

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