

# Alan Jose

Profession

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Hardworking and passionate job seeker with strong organizational skills eager to secure entry-level position. Ready to help team achieve company goals. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals. To seek and maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills.



## Skills

- Self-Motivated
- First Aid/CPR
- Organization and Time Management
- Teamwork and Collaboration



## Work History

### ● Nursing Assistant Trainee

*Samaritan Hospital, Pazhaghanadu*

- Provides adjunct care by administering enemas, douches, non-sterile dressings, surgical preps, ice packs, heat treatments, and therapeutic baths; and applying restraints
- Maintains patient stability by checking vital signs and weight; testing urine and recording intake and output information.



## Education

### ● 12th Grade: Bio Maths

*Cardinal Hss - Thrikkakara, Kakkanad*

65.91%

### ● 10th Grade

*Christava Mahilalayam Hss - Thottumugham*

92.5%



## Languages

- English
- Malayalam

 Bilingual or Proficient (C2)

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## Interests

- Playing basketball
- Workout

2024-02 - 2024-03

2020-02 - 2023-03

2020-06 - 2021-03