



SONA THOMAS

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Gender: Female **Date of birth:** 06/08/2002 **Nationality:** Indian

ABOUT ME

I'm a dedicated and detail-oriented professional with a fervent passion for pharmacy and patient care. With a solid foundation in pharmacy procedures, I bring a wealth of skills encompassing patient care, effective communication, adaptability, and a commitment to maintaining high standards of care. Beyond my professional pursuits, I'm an avid adventurer with a keen interest in exploring new horizons through travel.

WORK EXPERIENCE

[14/02/2024 – Current]

Pharmacy Assistant

APOLLO PHARMACY

City: Ernakulam, Angamaly

Country: India

- Assisted pharmacists in dispensing prescription medications, ensuring accuracy in labelling and packaging.
- Provided excellent customer service by addressing inquiries, offering information on medications, and suggesting over-the-counter products.
- Maintained precise records of prescription and over-the-counter sales, ensuring compliance with regulations.
- Collaborated with healthcare professionals and communicated with doctors to clarify prescriptions.

[08/2023 – 11/2023]

Pharmacy Assistant intern

Little Flower Hospital

City: Ernakulam, Angamaly

Country: India

- Completed a rigorous 3-month training program in pharmacy procedures and protocols.
- Received and processed written prescriptions and refill requests from patients, meticulously evaluating information for completeness and accuracy before initiating the filling process.

EDUCATION AND TRAINING

[2020 – 2022]

DIPLOMA OF PHARMACY

LISIE COLLEGE OF PHARMACY

City: Ernakulam

Country: India

[2018 – 2020] **PLUSTWO Score 60%**

GHSS MOOKKANNOOR

City: Ernakulam

Country: India

[2017 – 2018] **SSLC Score 76%**

ST. JOSEPH'S H S KIDANGOOR

City: Ernakulam

Country: India

LANGUAGE SKILLS

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Hindi

LISTENING A2 READING A2 WRITING A2

SPOKEN PRODUCTION A2 SPOKEN INTERACTION A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

HOBBIES AND INTERESTS

Hobbies

Reading

Traveling

Hiking

Outdoor Activities

Photography

Content Video creation

SKILLS

Skills

Effective Communication

Customer Relationship Management

Time Management

Pharmacy Procedures

Problem-Solving

Attention to Detail

Adaptability

Organizational Skills

Training and Education
